

CERTIFICATE **OF PARTICIPATION**

This is to certify that

joanne richards

Has successfully participated & completed the

5km Shift Wellness - Trail Run, The Shift Series

held at Walter Sisulu Garden.

TIME 00:42:12

PACE 08:25/km OVERALL 29 of 97

GENDER 13 of 66 **OPEN** 10 of 30

outLime

23 June 2019, Sun Date